## ADJUSTING DYNAMIC ENERGY FLOW

Use of the following categories of items can alter, enhance and harmonize the flow of qi (life force) in any living or business space.

## **CATAGORIES OF SOLUTIONS**

- 1. LIGHT PRODUCING OR REFRACTING OBJECTS: Mirrors, crystals, lighting.
- 2. SOUND: Wind chimes, bells, drums and other musical instruments, music.
- 3. WEIGHT OR HEAVY OBJECTS: Statues, sculptures, natural stones.
- 4. COLOR: Five element colors, rainbow/charka spectrum, colors of Om Ma Ni Pad Me Hum.
- 5. MOVING OBJECTS: Windmills, whirligigs, flags, mobiles.
- 6. WATER FEATURES: Water fountains, ponds, lakes, streams.
- 7. ENERGY / FIRE PRODUCING OBJECTS: Appliances, computers, firecrackers, etc.
- 8. BAMBOO: Flutes, stalks, etc.
- 9. OTHERS: Specialty cures, aromatherapy, touch, transcendental methods and items from you own imagination or background.

## THREE PART ACTIVATION PROCESS

Activates the above solutions for maximum effectiveness. When applying any Feng Shui cure or remedy in place, make sure to perform the Three Part Activation (Three Secrets Reinforcement). Use as blessing for EACH CURE.

- 1. **SPEECH**: Begin with a mantra, prayer or affirmation from your spiritual background. Repeat nine times.
  - a. Examples:
    - 1. Heart Sutra: Gate, Gate, Para Gate, Para Sum Gate, Bodhi Swaha! Translation: Gone, Gone, Gone Beyond, Gone Beyond the Beyond to the Shore of Enlightenment, So Be It!
    - 2. Six True Words: Om Ma Ni Pad Me Hum.

Translation: Hail to the Jewel in the Lotus.

- 2. **BODY**: Use a ritual hand gesture or "mudra".
  - a. Examples:
- 1. Blessing Mudra.
- 2. Hands in Prayer.
- 3. Heart Mudra.
- 4. Dispelling.
- 3. MIND: Visualization and mystic intent.

## FOR MAXIMUM RESULTS:

- 1. Do all solutions ASAP, exactly or better than recommended and keep them to yourself (private).
- 2. Activate them with the Three Part Activation Process.
- 3. Call FSDI 530-470-9215 immediately if you need help or clarification.